

NCBGA Level 4 Competition Format 2012

Background:

The coaches for the clubs with the greatest number of Level 4 athletes in Northern California during the 2010/2011 season (CSC, Liberty, and Technique) formed a committee to propose a level 4 competition format. They requested input and suggestions from the general membership and the NCBGA board.

The following format was voted on and approved by the general membership in August, and will be followed at the 2012 Level 4 State Championships. It is understood that this may change based on the USAG quadrennium changes to take effect in the 2012/2013 season. We would also strongly recommend that clubs hosting invitationals in Northern California also follow this format:

Uniforms:

As per USAG Rules and Policies, For Level 4 and 5, for all events, gymnasts are only required to wear gymnastics short pants, team T-shirt and footwear (socks and/or gymnastics shoes). On Floor Exercise and Vault the gymnast may perform with or without footwear. Levels 4 & 5 can compete in t-shirts and shorts or up to an FIG approved uniform with no deductions. In the event that a level 4 or 5 gymnast elects to wear long competition pants without footwear, there should be no uniform deduction.

Flashing and/or posting of scores:

No scores will be flashed at the meet. Hardcopy results must be posted at the meet site and given to the coaches.

Individual Awards:

Participation ribbons based on score to be given to all athletes on all events. All-around awards to be awarded to all athletes at the conclusion of the meet, in age groups and announced in All-Around rank.

State Championships:

The clubs within the state will be divided into three groups based on geography and number of athletes competing, the goal being to have three approximately equal sized sessions at state championships. Individual awards as described above within each session.

Team awards:

Clubs with three or more athletes competing at state Championships have the opportunity to compete as a team. Team awards will be awarded within each session, top three scores per event no designation, with all registered teams receiving an award. At the conclusion of level 4 state championships, one team will be named the overall state team champion, and will have the honor of keeping the state team trophy until the following year. This trophy will travel to the state team champion club each year.